



# Confirmation Volunteer Hours Packet

Confirmation Stewardship Overview  
Confirmation Volunteer Hours Log

Service is a vital part of Christian living. To follow Christ's example we must learn how to pour out our very lives for one another. As part of our preparation for Confirmation, we will explore how to be Christ for, and see Christ in, others.

### **Liturgy Volunteer Hours: (5 Hours, Minimum)**

There may not be any better tangible example of our Lord's sacrifice than in the Mass. In order to draw an understanding of this Mystery it is not enough to merely attend, we are called by the Church into a "full, conscious, and active, participation" in the Mass.

To help our teens realize this goal each candidate will be required to volunteer a minimum of 5 hours in Liturgy or Para-liturgy services. Hours may be accumulated in any of the following ministries: Alter Server, Lector, Hospitality, Projection, Choir, or Liturgy of the Word for Children, Liturgy of the Hours (10<sup>th</sup> Grade Retreat), or other Para-liturgy services. You must sign up in advance to be a part of these ministries and some training may be required before you begin to accumulate volunteer hours. To sign up, contact Aaron Carpenter or Tarri Nelson in the main office or Barry in the FF Office.

### **Corporal Works of Mercy: (15 Hours, Minimum)**

Another way that we learn to serve Jesus is by serving others. In the Gospel of Matthew (Mt 25:34), Jesus gives us practical (and specific) instruction on how we are to serve others with love and compassion. These Corporal Works of Mercy flow naturally out of our maturing faith and allow us to join in His redemptive Grace.

Most teens find this type of stewardship very rewarding on both a personal (sense of accomplishment) and spiritual level (helping others). Each Confirmation Candidate will be required to volunteer a minimum of 15 hours that ministers to the physical needs of others. The following list is just a small sample of the ministries that qualify for this type of service: Feed My Starving Children, CROSS Food shelf, Loaves and Fishes, Mary's Place, Habitat for Humanity, Families Moving Forward, Thanksgiving Baskets, Meals on Wheels, visits to nursing homes, etc.

Note: Student Leaders for the Summer Stretch program or Students participating in a summer Missions program (after their 9<sup>th</sup> or 10<sup>th</sup> Grade year) can earn from 14-20 "Corporal" service hours.

**Community and Family Volunteer Hours:  
(10 Hours, Maximum)**

To round out the 30 total hours of stewardship we want to recognize our teen's involvement in a variety of opportunities both within and outside of St. Joseph The Worker that work to build a stronger community. Candidates may accumulate up to 10 hours of volunteer service from any of the ministries listed above or in (approved) programs at school, or with the wider community. Some examples of this type of service are: Retreat Volunteer, Mayhem Lock-in Leader, Faith Formation Aid, Peer to Peer Volunteer, NHS volunteer hours, Cancer awareness events, Humane Society, Salvation Army, etc. You must get approval from the Faith Formation Office before you log volunteer hours from an activity that you would like to perform but is not listed above.

Candidates may begin to accumulate volunteer hours for Confirmation during the summer before 10<sup>th</sup> grade.

If you have questions about your Confirmation Volunteer Hours, please contact Barry Shay at (763) 425-9801 ext. 235 or email [bshay@sjtw.net](mailto:bshay@sjtw.net).

In the sacrament of Confirmation we are affirming our baptismal call to full participation in the life of the Church and the mission of Jesus. We are confirming a life of discipleship, obedience, service and the desire to become what God has always intended for us (Eph. 2:10). It is my prayer that each young person who journeys through this program will recognize Christ in their service to others and that they come to find the joy and the peace that can only be found in Him.

God Bless,

Barry Shay

# Confirmation Volunteer Hours Log

- You are responsible for keeping track of your log.
- Logs must be signed and dated by the supervising adult.
- Volunteer hours must be completed by the end of March.

## Liturgy Volunteer Hours: (5 Hours, Minimum)

Date	Description of Service Performed	Hours	Supervisor

## Corporal Works of Mercy: (15 Hours, Minimum)

Date	Description of Service Performed	Hours	Supervisor

Name (printed) : \_\_\_\_\_

Grade: \_\_\_\_\_

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## Other Service Hours: (10 Hours, Maximum)

Date	Description of Service Performed	Hours	Supervisor

Name (printed) : \_\_\_\_\_ Grade: \_\_\_\_\_

“Find out how much God has given you and from it take what you need; the remainder is needed by others.”

~ St. Augustine

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”

~ Anne Frank

“Only a life lived for others is a life worthwhile.”

~ Albert Einstein

“We reveal our true selves not in how others serve us, but how we serve others.”

~ Pope John Paul II